## 5.1.3 Capacity building and skills enhancement initiatives taken by the institution include the following (10) 1. Soft skills, 2. Language and communication skills, 3. Life skills (Yoga, physical fitness, health and hygiene), 4. ICT/computing skills

DEPT	YEAR	Name of the capability enhancement program	Date of implementation (DD-MM- YYYY)	Number of students enrolled	Name of the agencies/consultants involved with contact details (if any)
	2015-2016	Bridge Course	26.08.2015- 29.08.2015	416	Internal Training Department
		Life Skills-Yoga	07.08.2015 -29.09.2015	92	Internal Training Department
		Life Skills-WEC / Yoga for Staff	16.06.2016	165	Physical Director
		Life Skills-WEC / Speech Competition on Woman Education	08.03.2016	550	Women Welfare Committee
		ICT/Computing Skills-NPTEL	January -June 2016	13	IIT
		Bridge Course	09.08.2017 - 06.08.2017	351	Internal Training Department
		Life Skills-Yoga	09.10.2016-19.10.2016	111	Internal Training Department
		Life Skills-WEC / Soread your wings and Fly	21.03.2017	167	Ms.HufrizWadia,Partner atKochhar & Co
	2016-2017	Life Skills-WEC / Yoga for Hostel students	20.01.2017&21.01.2017	220	Yoga master Mr.Aravazhi
		Life Skills-WEC / Speech competition and Debate on "Are the women matured enough in making decision"	06.01.2017	507	Sri Mahalakshmi Saravanan
		ICT/Computing Skills-NPTEL	July-December 2016 & January - June 2017	182	IIT
		Soft Skills	19.06.2017	1488	Internal Training Department
		Bridge Course	05.09.2017 - 09.09.2017	383	Internal Training Department
		Life Skills-Yoga	02.09.2017-11.09.2017	158	Internal Training Department
		Life Skills-WEC / Who Am I ? - KINTRO	11.09.2017	220	Madras Medical Mission
		Life Skills-WEC / Move and Mingle	14.10.2017	55	Coordinators
		Life Skills-WEC / Awareness on Women's health &	28.07.2017	440	Dr.Pushpalatha
	2017-2018	Life Skills-WEC / Women's Day celebration	08.03.2018	287	Ms.Charumathi Madhusudhan, Founder of Brindhavan Music Academy
		Life Skills-WEC / Writing Competition on Legal right	21.11.2017	450	Ms.Surekha, HOD, First year
	2017 2010	Life Skills-WEC / Workshop on Yoga for Staff and S	20.06.2017&21.06.2017	435	Physical Directors
		Life Skills-WEC / Right start for the bright career	10.01.2018	410	Joel, Centre for family care and training
		ICT/ Computing Skills	19.06.2017	1488	Internal Training Department
		ICT/ Computing Skills-Technical Premier League	01.03.2018-03.03.2018	237	PEC
		ICT/Computing Skills-NPTEL	July-December 2017 & January - April 2018	595	IIT
		ICT/Computing Skills-J2EE	17.08.2017-24.08.2017	49	Eye Open Technologies
		ICT/Computing Skills-J2MEE	17.08.2017-24.08.2017	40	Eye Open Technologies

	Soft Skills	04.09.2018	1195	Internal Training Department
	Bridge Course	01.09.2018 - 05.09.2018	349	Internal Training Department
	Programme on Enhancing Communication and Soft Skills in Higher Education	23.11.2018	321	Dr.A.GANAVATHE Director of IRA New Academy of Skills Certified Trainer of Communication & Soft Skills
	Verbal Training	16.07.2018 - 28.09.2018	507	Internal Training Department
2018-2019	Life Skills-Yoga	20.09.2018-29.09.2018	201	Internal Training Department
	Life Skills-WEC / Rangoli competition on the theme "Beti Bachao, Beti Padhao & Women;s Day celebration	11.03.2019	350	Social Welfare, Child Marriage prohibitiob and An Dowry Officer
	Life Skills-WEC / Awareness about Women's Health	12.09.2018	173	J.S.J Enterpreneur, Hygenic
	ICT/ Computing Skills	04.09.2018	1195	Internal Training Department
	ICT/Computing Skills-NPTEL	July-October 2018 & January-April 2019	979	IIT
	Soft Skills	17.06.2019	1201	Internal Training Department
	Bridge Course	30.07.2019 -02.08.2020	362	Internal Training Department
	Play with English	09.07.2020 -20.07.2020	135	V.DEVI RAJ. Fine arts college Chennai,
	Verbal Training	22.07.2019 to 27.09.2019	1155	Internal Training Department
	Life Skills-Yoga	07.08.2019-16.08.2019	157	Internal Training Department
2019-2020	Life Skills-WEC / Yoga for Practicing quiet the mind	17.07.2019	96	Ms .A.Vasanthi, Yoga Mistress
	Life Skills-WEC / Teach girl bravery with perfection	17.08.2019	318	Kumari, Psychiarist & Counsellor
	ICT/ Computing Skills	17.06.2019	1201	Internal Training Department
	ICT/Computing Skills-NPTEL	July-December 2019	383	IIT
	ICT/ Computing Skills-Technical Premier League- 2.0	27.01.2020 -30.01.2020	303	PEC
	ICT/ Computing Skills-Activity Based Learning	16.12.2019-04.01.2020	450	PEC